



<b>Facility:</b> White Meadows Primary School	<b>Date:</b> 21 <sup>st</sup> July 2020	<b>Completed By:</b> Waves Swim School
<b>Risk Assessment:</b> Generic and Specific to 'Non-Swimmers' Swimming Lessons	<b>Reference No:</b> Version 1.0	

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
Contracting COVID-19	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>Customers are informed if they, or a member of their household, has, or have, any signs or symptoms of COVID-19, they are not to enter the swimming facility or attend swimming lessons.</li> <li>Anyone with COVID-19 symptoms such as:               <ol style="list-style-type: none"> <li>A new continuous cough</li> <li>A high temperature</li> <li>A loss of, or change to sense of smell or taste</li> </ol>               Are advised to stay at home a self-isolate in line with government guidelines             </li> <li><a href="https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/?fbclid=IwAR1PwxVCSjIY5ksVSHTpuR6B72_A8JDcxPxsHoCw2gvgmcMbtJCKwhfpkks">https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/?fbclid=IwAR1PwxVCSjIY5ksVSHTpuR6B72_A8JDcxPxsHoCw2gvgmcMbtJCKwhfpkks</a></li> <li>Guidance added to EAP and advertised on website, social media etc.</li> </ul>	No
COVID-19	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>Appoint a COVID-19 officer</li> <li>Communicate the nominated COVID-19 officer to staff and to customers.</li> </ul>	No
COVID-19 – Teacher protection	Staff	<ul style="list-style-type: none"> <li>Training for both teachers to update policies, procedures, and methods of class delivery.</li> </ul>	No

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		<p>Practical guidance discussed in terms of how to adapt lesson plans and still meet lesson criteria</p> <ul style="list-style-type: none"> <li>Swim teachers trained in COVID-19 awareness, employee safe workplace practices, for hand washing and staying at home if ill and reporting illnesses.</li> <li>A meeting is undertaken within the first few weeks of swimming lessons re-starting so that practices and procedures can be reviewed, and appropriate adaptations and amendments can be made as necessary</li> <li>Teachers arrive for work already changed to avoid using the changing facilities and public lockers if possible.</li> </ul>	
Physical Environment – poolside including observation areas	<p>Staff Customer – Adult Customer - Child</p>	<ul style="list-style-type: none"> <li>One-way systems introduced.</li> <li>Entrance to the pool via shallow end steps only</li> <li>Social distancing must be observed on poolside and observation areas and throughout change-over of lessons.</li> <li>Clear guidance is provided for how parents/guardians are to deliver and collect their child at the start and end of the lesson, whilst maintaining social distancing.</li> <li>New system ('new norm') to be clearly communicated before restarting swimming lessons i.e. website, social media, posters</li> <li>Particular attention is paid to trying to avoid children needing the toilet, ensuring that goggles are adjusted, children are not to attend if they are unwell etc.</li> <li>Limiting one parent/guardian per swimmer (including limit on accompanying siblings where possible)</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Teachers to enforce the social distancing rules</li> <li>Areas on poolside are designated as waiting areas to stop cluster gatherings on poolside</li> <li>Hand gel / hand washing facilities on entry/exit of poolside, changing rooms, observation/spectator areas for staff, swimmers, and spectators</li> <li>Face coverings to be worn in observation areas.</li> <li>Spectator seating is spaced at least two metres apart and is cleaned regularly.</li> </ul>	
Overcrowding – possible transmission of CV-19 between staff (teachers and lifeguards).	Staff	<ul style="list-style-type: none"> <li>Each teacher to teach from alternate sides of the pool and teachers are assigned to the same section of the pool for the duration of their shift to maintain the recommended social distance</li> <li>Swim schools categorise their class levels into i. Low ii. Medium iii. High exposure risk levels</li> <li>NOP and EAP to reflect any changes (Not all classes/levels present the same risk).</li> <li>Lesson plans have been developed to reduce / inhibit face-to-face teaching</li> </ul>	No
Risk of drowning	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>The preservation of human life takes precedent. If a swimmer is in difficulty, a lifesaver must respond quickly and where required, perform CPR (see COVID-19 CPR protocols from the UK Resuscitation Council)</li> <li>Where no lifeguards are present, teachers to refer to latest RLSS guidance (it is the view of Right Directions that a lifeguard should always be present in light of current pandemic circumstances).</li> </ul>	No
Risk of drowning due to pool depth	Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>Extra buoyancy / flotation aids are provided to allow teaching from the poolside (see sanitization under equipment)</li> </ul>	No

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		<ul style="list-style-type: none"> <li>For certain classes it may be deemed safer and more productive for the teacher/assistant to be in the water (whilst maintaining a social distance) to assist with confidence, ensure the correct use of equipment (particularly woggles and floats), demonstrations and to maintain class spacing and social distancing</li> <li>Swim teachers teach from a 'side on' stance so that they are not directly facing class participants.</li> <li>Swim lesson plans take into account any high risk activity such as breathing techniques (such as breathe to the side away from others)</li> <li>The lesson is structured so activities can be completed whilst social distancing is maintained.</li> <li>Where possible teachers ask participants to ensure breathing activities away from others.</li> </ul>	
Risk of drowning due to weak or non swimmer ability	Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>Teachers on poolside always keep a woggle or rescue stick to hand, so a reach rescue can quickly be administered.</li> <li>If teaching from in the water the teacher will maintain social distancing, avoiding face to face teaching by adopting side on teaching and the use of a face shield</li> </ul>	No
Personal Injury / First Aid – access and availability to first aid equipment	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>First aiders have easy access to gloves, face masks, eye protection, screens and CPR pocket mask, face shields, bag-valve mask</li> <li>Adequate supplies of PPE are available</li> <li>Staff to be updated on latest COVID-19 guidance with adequate training and awareness relating to first aid</li> </ul>	No
Personal Injury – entry/exit from the pool	Customer - Child	<ul style="list-style-type: none"> <li>Signage – pool rules</li> <li>Good housekeeping</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Pool layouts such as access to the swimming pool where the lesson is to be taught has been considered and communicated to teachers</li> </ul>	
Emergencies	Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>AED in place</li> <li>Appropriate rescue equipment in place</li> <li>EAP</li> <li>Pool alarms tested on a daily basis and serviced regularly (twice per annum as a minimum).</li> </ul>	No
Other Medical Conditions	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>Terms and conditions of swimming lessons require parent/guardian to inform swim school coordinator of any medical conditions</li> <li>Swim teachers are informed of any class participants with medical conditions. Medical conditions are recorded</li> </ul>	No
Risk of Missing or Lost Child	Customer - Child	<ul style="list-style-type: none"> <li>Access control</li> <li>Safeguarding training for staff</li> <li>Children from the lessons are not permitted to leave poolside unaccompanied</li> </ul>	No
Safeguarding	Customer - Child	<ul style="list-style-type: none"> <li>Safeguarding training</li> <li>All swimming teachers are DBS checked (enhanced)</li> </ul>	No
Equipment – risk of impact injuries from use of teaching aids or equipment.	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>Fault log</li> <li>Pre and post inspections of equipment</li> <li>Flotation aids are the correct size for the pupil</li> <li>A plan is in place for the use and disinfection of teaching equipment and toys.</li> <li>Teachers consider reducing the amount of equipment used.</li> <li>Equipment is placed on poolside in advance of lessons to reduce teacher access into equipment stores</li> </ul>	No

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		<ul style="list-style-type: none"> <li>• Equipment usage is controlled within / in between lessons, such as not sharing with other lesson participants.</li> <li>• If equipment and toys are used, they are cleaned after each use. Equipment is to be cleaned in a sanitizing solution following government cleaning protocols.</li> <li>• Two separate sets of equipment are used for alternate lessons (while one is being used, the other is disinfected).</li> <li>• Clipboards and pens used by teachers are sanitised before and after use.</li> </ul>	
Hygiene/Cleanliness/Housekeeping – in addition to general cleanliness, the added risk of contracting COVID-19	<p>Staff Customer – Adult Customer - Child</p>	<ul style="list-style-type: none"> <li>• The enhanced cleaning regime includes changing rooms, poolside and poolside observation areas as per the revised cleaning schedules</li> <li>• Pool steps, handrails etc. are frequently cleaned as part of the revised cleaning regime.</li> <li>• Staff undertaking cleaning wear suitable PPE as per government guidance</li> <li>• Toilets are used on an urgent needs basis and cleaned thoroughly and regularly with limited usage dependent on size of facility</li> <li>• The circulation of outside air is increased as much as possible by opening windows and / or doors (however do not so if posing a safety risk to staff or swimmers and need to consider the temperature for, or on, any young swimmers).</li> <li>• Teachers have access to hand sanitizing gel on poolside so they can use regularly.</li> <li>• Each teacher is responsible for disinfection of equipment at the end of each lesson</li> <li>• Parents/guardians to wipe down spectator chair that they have used after use.</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Changing areas and toilets to be wiped down by parents/guardians after use.</li> </ul>	
Transmission of COVID-19 from the physical environment such as changing rooms	<p>Staff Customer – Adult Customer - Child</p>	<ul style="list-style-type: none"> <li>Changing room use is not advised.</li> <li>The number of swimmers in changing rooms is limited if use is necessary</li> <li>Social distancing to be maintained in the changing areas</li> <li>Changing rooms and cubicles are cleaned at each 'turnover' of use by parents/guardians</li> <li>Hand gel/sanitizer is provided at entrance and exit of changing facilities</li> <li>Adults and their children are asked to arrive 'activity ready' such as already dressed in their swimwear.</li> <li>Parents/guardians are advised to keep hold of their child's changing bag</li> <li>Swimmers/parents/guardians/swim school staff are advised not to shake any towels or clothing items as this could put the virus in the air.</li> <li>COVID-19 guidance for swim lesson participants, including a list of 'Do and Don'ts' is issued</li> </ul>	No

## Review and Comments

		Name	Signature	Date
<b>Review</b>	Review Conducted by:			
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