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<b>Facility:</b> WHITE MEADOWS PRIMARY SCHOOL	<b>Date:</b> 21 <sup>st</sup> JULY 202	<b>Completed By:</b> WAVES SWIM SCHOOL
<b>Risk Assessment:</b> Generic and Specific to 'Adults' Swimming Lessons	<b>Reference No:</b> VERSION 1	

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
Contracting COVID-19	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>Customers are informed if they, or a member of their household, has, or have, any signs or symptoms of COVID-19, they are not to enter the swimming facility or attend swimming lessons.</li> <li>Anyone with COVID-19 symptoms such as:                             <ol style="list-style-type: none"> <li>A new continuous cough</li> <li>A high temperature</li> <li>A loss of, or change to sense of smell or taste</li> </ol>                             Are advised to stay at home and self isolate in line with government guidelines                         </li> <li><a href="https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/?fbclid=IwAR1PwxVCSjIY5ksVSHTpuR6B72_A8JDcxPsxHoCw2gvgmcMbtJCkwhfpkks">https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/?fbclid=IwAR1PwxVCSjIY5ksVSHTpuR6B72_A8JDcxPsxHoCw2gvgmcMbtJCkwhfpkks</a></li> <li>Guidance added to EAP and advertised on website, social media etc.</li> </ul>	No
COVID-19	Staff Customer – Adult	<ul style="list-style-type: none"> <li>Appoint a COVID-19 officer</li> <li>Communicate the nominated COVID-19 officer to customers.</li> </ul>	No
COVID-19 – Teacher protection	Staff	<ul style="list-style-type: none"> <li>Practical guidance provided in terms of how to adapt lesson plans and still meet lesson criteria.</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Swim teachers trained on COVID-19 awareness, employee safe workplace practices, for hand washing and staying at home if ill and reporting illnesses</li> <li>Teachers arrive for work already changed to avoid using the changing facilities and public lockers if possible</li> </ul>	
Physical Environment – poolside including observation areas	Staff Customer – Adult	<ul style="list-style-type: none"> <li>Provision of signage to indicate entry/exit to pool hall including any revisions to one way systems introduced.</li> <li>Social distancing must be observed on poolside and observation areas and throughout change-over of lessons.</li> <li>New system ('new norm') to be clearly communicated before restarting swimming lessons i.e. website, social media</li> <li>Spectators are not advised on poolside during adult lessons</li> <li>Teachers to enforce the social distancing rules</li> <li>Areas on poolside are designated as waiting areas with social distancing markers to stop cluster gatherings on poolside (such as use of floor markings)</li> <li>Hand gel / hand washing facilities on entry/exit of poolside, changing rooms, observation/spectator areas for staff, swimmers and spectators</li> <li>Face coverings to be worn in observation areas.</li> <li>Spectator seating is spaced at least two metres apart and is cleaned regularly.</li> </ul>	No
Overcrowding – possible transmission of CV-19 between staff (teachers and lifeguards).	Staff	<ul style="list-style-type: none"> <li>Teachers positioned at alternate sides of the pool and teachers are assigned to the same section of the pool for the duration of their shift to maintain the recommended social distance</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Swim schools categorise their class levels into i. Low ii. Medium iii. High exposure risk levels</li> <li>PSOP to reflect any changes</li> <li>Lesson plans have been developed to reduce/inhibit face-to-face teaching</li> <li>Class sizes ensure social distancing of two metres.</li> </ul>	
Risk of drowning	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> <li>The preservation of human life takes precedent. If a swimmer is in difficulty, a lifesaver must respond quickly and where required, perform CPR (see COVID-19 CPR protocols from the UK Resuscitation Council)</li> <li>Where no lifeguards are present, teachers to refer to latest RLSS guidance (it is the view of Right Directions that a lifeguard should always be present in light of current pandemic circumstances).</li> </ul>	No
Risk of drowning due to pool depth	Customer – Adult	<ul style="list-style-type: none"> <li>Weak/non-swimmers are taught within their depth</li> <li>Teachers always keep a woggle or rescue stick to hand, so a reach rescue can quickly be administered.</li> </ul>	No
Risk of drowning or injury due to inadequate lifeguarding or failure to spot an adult in difficulty	Staff Customer – Adult	<ul style="list-style-type: none"> <li>Lifeguards numbers confirmed within PSOP.</li> <li>Lifeguards are trained in NOP, EAP and PSOP.</li> <li>Pool rescue equipment is in place and is checked daily</li> <li>Admission policy reflects any changes as a result of the COVID-19 guidance and clearly displayed within facility and on website</li> </ul>	No
Personal Injury / First Aid – access and availability to first aid equipment	Staff Customer – Adult	<ul style="list-style-type: none"> <li>First aiders have easy access to gloves, face masks, eye protection, screens and CPR pocket mask, face shields, bag-valve mask</li> <li>Adequate supplies of PPE are available</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Staff to be updated on latest COVID-19 guidance with adequate training and awareness relating to first aid</li> </ul>	
Personal Injury – entry/exit from the pool	Customer - Adult	<ul style="list-style-type: none"> <li>Signage – pool rules</li> <li>Good housekeeping</li> <li>Pool layouts such as access to the swimming pool where the lesson is to be taught has been considered and communicated</li> </ul>	No
Emergencies	Customer – Adult	<ul style="list-style-type: none"> <li>AED in place</li> <li>Appropriate rescue equipment in place</li> <li>EAP</li> <li>Pool alarms tested on a daily basis and serviced regularly (twice per annum as a minimum).</li> </ul>	No
Other Medical Conditions	Staff Customer – Adult	<ul style="list-style-type: none"> <li>Terms and conditions of swimming lessons require swimmer to inform swim school of any medical conditions</li> <li>Medical conditions are recorded</li> </ul>	No
Safeguarding	Customer – Vulnerable Adult	<ul style="list-style-type: none"> <li>Safeguarding training</li> <li>All swimming teachers are DBS checked (enhanced)</li> </ul>	No
Equipment – risk of impact injuries from use of teaching aids or equipment.	Staff Customer – Adult	<ul style="list-style-type: none"> <li>Fault log</li> <li>Pre and post inspections of equipment</li> <li>Flotation aids are the correct size for the swimmer</li> <li>A plan is in place for the use and disinfection of teaching equipment and swim aids.</li> <li>Teachers consider reducing the amount of equipment used.</li> <li>Ensure equipment usage is controlled within / in between lessons, such as not sharing with other lesson participants.</li> <li>If equipment is used it is cleaned after each use. Equipment is cleaned in a sanitizing solution following government cleaning protocols.</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Two separate sets of equipment are used for alternate lessons (while one is being used, the other is disinfected by an appointed member of staff).</li> <li>Clipboards and pens used by teachers are sanitized before and after use.</li> </ul>	
Instruction - possible transmission of CV-19 between staff (teachers and teaching assistants).	Staff	<ul style="list-style-type: none"> <li>All swim teaching to take place from poolside</li> <li>Swim teachers and assistants teach from a 'side on' stance so that they are not directly facing class participants.</li> <li>Swim lesson plans take into account any high risk activity such as breathing techniques (such as breathe to the side away from others)</li> <li>The lesson is structured so activities can be completed whilst social distancing is maintained.</li> <li>Where possible teachers ask participants to ensure breathing activities away from others.</li> </ul>	No
Hygiene/Cleanliness/Housekeeping – in addition to general cleanliness, the added risk of contracting COVID-19	Staff Customer – Adult	<ul style="list-style-type: none"> <li>The enhanced cleaning regime includes changing rooms, poolside and poolside observation areas as per the revised cleaning schedules</li> <li>Pool steps, hand rails and other high traffic areas are frequently cleaned as part of the revised cleaning regime.</li> <li>Staff undertaking cleaning wear suitable PPE as per government guidance</li> <li>Toilets are used on an urgent needs basis and cleaned thoroughly after use by customer</li> <li>The circulation of outside air is increased as much as possible by opening windows and / or doors (however do not so if posing a safety risk to staff or swimmers and need to consider the temperature for, or on, any elderly swimmers).</li> </ul>	No

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		<ul style="list-style-type: none"> <li>Teachers have access to hand sanitizing gel on poolside so they can use regularly.</li> <li>Every teacher to disinfect equipment at the end of each lesson</li> </ul>	
Transmission of COVID-19 from the physical environment such as changing rooms	Staff Customer – Adult	<ul style="list-style-type: none"> <li>The number of swimmers in changing rooms is limited and social distancing maintained.</li> <li>Lesson start/finish times are staggered</li> <li>Changing rooms and cubicles are cleaned at each 'turnover' of use by customer</li> <li>Hand gel/sanitizer is provided at entrance and exit of changing facilities</li> <li>Adults are asked to arrive 'activity ready' such as already dressed in their swimwear.</li> <li>Swimmers / swim school staff are advised not to shake any towels or clothing items as this could put the virus in the air.</li> <li>Separate entrances/exits are introduced where possible</li> <li>COVID-19 guidance for swim lesson participants, including a list of 'Do and Don'ts' is issued</li> </ul>	No

## Risk Reduction Plan

List further action required to control the risk	Responsibility for Action	Target Completion Date	Date Completed	Signed
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## Review and Comments

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<b>Review</b>	Review Conducted by:			
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## Comments

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