



Facility: WHITE MEADOWS PRIMARY SCHOOL	Date: 21 st JULY 2020	Completed By: WAVES SWIM SCHOOL
Risk Assessment: Generic and Specific 'Improver/Advanced' Swimming Lessons	Reference No: VERSION 1	

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
Contracting COVID-19	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> Customers are informed if they, or a member of their household, has, or have, any signs or symptoms of COVID-19, they are not to enter the swimming facility or attend swimming lessons. Anyone with COVID-19 symptoms such as: <ol style="list-style-type: none"> A new continuous cough A high temperature A loss of, or change to sense of smell or taste Are advised to stay at home a self-isolate in line with government guidelines https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/?fbclid=IwAR1PwxVCSjIY5ksVSHTpuR6B72_A8JDcxPsxHoCw2gvgmcMbtJCKwhfpkks Guidance added to EAP and advertised on website, social media etc. 	No
COVID-19	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> Appoint a COVID-19 officer Communicate the nominated COVID-19 officer to staff and customers. 	No

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
COVID-19 – Teacher protection	Staff	<ul style="list-style-type: none"> Adapted policies, procedures, and methods of class delivery. Practical guidance provided in terms of how to adapt lesson plans and still meet lesson criteria Swim teachers are trained on COVID-19 awareness, employee safe workplace practices, for hand washing and staying at home if ill and reporting illnesses A meeting is undertaken with the teachers within the first few weeks of swimming lessons restarting so that practices and procedures can be reviewed, and appropriate adaptations and amendments can be implemented as necessary Teachers arrive for work already changed to avoid using the changing facilities and public lockers if possible. 	No
Physical Environment – poolside including observation areas	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> Provision of signage to indicate entry/exit to pool hall including any revisions to one-way systems introduced. Social distancing must be observed on poolside and observation areas and throughout change-over of lessons. Clear guidance is provided for how parents/guardians are to deliver and collect their child at the start and end of the lesson. The most practical way for children to enter and leave poolside has been established, whilst maintaining social distancing New system ('new norm') is clearly communicated before restarting swimming lessons i.e. website, social media 	No

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
		<ul style="list-style-type: none"> • Parent/guardians (as spectators) limited to one parent/guardian per swimmer (including limit on accompanying siblings where possible) • Teachers to enforce the social distancing rules • Areas on poolside are designated as waiting areas with social distancing markers to stop cluster gatherings on poolside (such as use of floor markings) • Hand gel / hand washing facilities on entry/exit of poolside, changing rooms, observation / spectator areas for staff, swimmers and spectators. • Face coverings to be worn in spectator areas. • Spectator seating is spaced at least two metres apart and is cleaned after use by parent/guardian. 	
Overcrowding – possible transmission of CV-19 between staff (teachers and lifeguards).	Staff	<ul style="list-style-type: none"> • Overall pool layouts reflect if more than one swimming teacher is on poolside. Where practical, each to teach from alternate sides of the pool and teachers are assigned to the same section of the pool for the duration of their shift to maintain the recommended social distance (including between teacher and teaching assistant). • Swim schools categorise their class levels into i. Low ii. Medium iii. High exposure risk levels • PSOP to reflect any changes (not all classes/levels present the same risk) • Lesson plans have been developed to reduce / inhibit face-to-face teaching • The number of improver/advanced swimmers in each lane or teaching area is limited • The lane width is over 2m to ensure and maintain social distancing 	No

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
Risk of drowning	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> The preservation of human life takes precedent. If a swimmer is in difficulty, a lifesaver must respond quickly and where required, perform CPR (see COVID-19 CPR protocols from the UK Resuscitation Council) Where no lifeguards are present, teachers to refer to latest RLSS guidance (it is the view of Right Directions that a lifeguard should always be present in light of current pandemic circumstances). 	No
Risk of drowning due to pool depth	Customer – Adult Customer - Child	<ul style="list-style-type: none"> Teachers to teach from the side of the pool Teachers always keep a woggle or reach stick to hand, so a reach rescue can quickly be administered. 	No
Risk of drowning or injury due to inadequate lifeguarding or failure to spot a child in difficulty	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> Lifeguard numbers are defined as a result of pool surface area, depth (including any abrupt changes). Lifeguards numbers confirmed within PSOP. Lifeguards are trained in NOP, EAP and PSOP. Teachers acting as lifeguards to have a fully charged mobile phone in their possession at all times during their shift. Pool rescue equipment is in place and is checked daily Admission policy reflects any changes as a result of the COVID-19 guidance and clearly displayed within facility and on website 	No
Personal Injury / First Aid – access and availability to first aid equipment	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> First aiders have easy access to gloves, face masks, eye protection, screens and CPR pocket mask, face shields, bag-valve mask Adequate supplies of PPE are available 	No

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
		<ul style="list-style-type: none"> Staff to be updated on latest COVID-19 guidance with adequate training and awareness relating to first aid 	
Personal Injury – entry/exit from the pool	Customer - Child	<ul style="list-style-type: none"> Signage – pool rules Good housekeeping Pool layouts such as access to the swimming pool where the lesson is to be taught has been considered and communicated to teachers 	No
Emergencies	Customer – Adult Customer - Child	<ul style="list-style-type: none"> AED in place Appropriate rescue equipment in place EAP Pool alarms tested on a daily basis and serviced regularly (twice per annum as a minimum). 	No
Other Medical Conditions	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> Terms and conditions of swimming lessons require parent/guardian to inform swim school of any medical conditions Medical conditions are recorded on 	No
Risk of Missing or Lost Child	Customer - Child	<ul style="list-style-type: none"> Access control Safeguarding training for staff Children from the lessons are not permitted to leave poolside unaccompanied 	No
Safeguarding	Customer - Child	<ul style="list-style-type: none"> Safeguarding training All swimming teachers are DBS checked (enhanced) 	No

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
Equipment – risk of impact injuries from use of teaching aids or equipment.	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> • Fault log • Pre and post inspections of equipment • Flotation aids are the correct size for the pupil • Teachers prevent children putting any equipment in their mouths at any point. • A plan is in place for the use and disinfection of teaching equipment • Teachers consider reducing the amount of equipment used. • Equipment is placed on poolside in advance of lessons to reduce teacher access into equipment stores • Equipment usage is controlled within / in between lessons, such as not sharing with other lesson participants. • If equipment and swim aids are used, it is cleaned after each use. Equipment is to be cleaned in a sanitizing solution following government cleaning protocols. • Two separate sets of equipment are used for alternate lessons (while one is being used, the other is disinfected by an appointed member of staff). • Clipboards and pens used by teachers are sanitized before and after use. 	No
Instruction - possible transmission of CV-19 between staff (teachers and teaching assistants).	Staff	<ul style="list-style-type: none"> • All swim teaching, to teach from poolside • Swim teachers to teach from a 'side on' stance so that they are not directly facing class participants. • Swim lesson plans take into account any high risk activity such as breathing techniques. Drills are planned to ensure the class all breathe to the same side. 	No

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
		<ul style="list-style-type: none"> • Swimmers are encouraged to breathe away from other swimmers. • The lesson is structured so activities can be completed whilst social distancing is maintained. • Where possible teachers ask participants to ensure activities away from others i.e. markers on poolside to indicate where each swimmer should be and swim back to. • When swimming in lanes swimmers swim length, climb out and walk back to start point to maintain social distancing (sanitization required if markers/aids have been handled). • Double lane teaching zones are programmed so that the children can swim down one side and up the other, whilst maintaining social distancing. 	
Hygiene/Cleanliness/Housekeeping – in addition to general cleanliness, the added risk of contracting COVID-19	Staff Customer – Adult Customer - Child	<ul style="list-style-type: none"> • The enhanced cleaning regime includes changing rooms, poolside and poolside observation / spectator areas as per the revised cleaning schedule • Pool steps and handrails etc. are frequently cleaned as part of the revised cleaning regime. • Staff undertaking cleaning wear suitable PPE as per government guidance • Toilets are used on an urgent needs basis and cleaned after use by parent/guardian • Limited usage of toilets advised • The circulation of outside air is increased as much as possible by opening windows and or doors (however do not so if posing a safety risk to staff or swimmers and need to consider the temperature for, or on, any young swimmers). • Teachers have access to hand sanitizing gel on poolside so they can use regularly. 	No

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
		<ul style="list-style-type: none"> Teachers to disinfect equipment at the end of each lesson 	
Transmission of COVID-19 from the physical environment such as changing rooms	<p>Staff Customer – Adult Customer - Child</p>	<ul style="list-style-type: none"> The number of swimmers in changing rooms is limited and social distancing maintained. Changing room use limited as far as possible Changing rooms and cubicles are cleaned at each 'turnover' of use by parent/guardian Hand gel/sanitizer is provided at entrance and exit of changing facilities Swimmers are asked to arrive 'activity ready' such as already dressed in their swimwear. Parents/guardians are advised to keep hold of their child's changing bag Swimmers/parents/guardians/swim school staff are advised not to shake any towels or clothing items as this could put the virus in the air. COVID-19 guidance for swim lesson participants, including a list of 'Do and Don'ts' is issued 	No

Risk Reduction Plan

List further action required to control the risk	Responsibility for Action	Target Completion Date	Date Completed	Signed
•				
•				
•				
•				
•				
•				
•				
•				

Review and Comments

		Name	Signature	Date
Review	Review Conducted by:			
	Review Conducted by:			
	Review Conducted by:			
	Review Conducted by:			

Comments	
•	
•	
•	
•	